

Our Mission:

To ensure the success of persons served to live in their home, exercising maximum possible control over their life through learning in their natural community environments.



Our Philosophy:

To see each individual as the focal point on which customized opportunities for independence, education, recreation and a fulfilling social life are created.



Patricia A. Lindsay, MSSp.Ed., Director and Founder of the **Independent Living Institute, LLC** was an educator for the SBUSD Secondary and Transition Special Education programs. From 1975, her services were sought by the community to also assist young adults aging out of the Transitions Program, to become successful as independent adults in their post-high school world. Thirty-nine years later, Ms. Lindsay guides a team of 43 direct service instructors and supervisors to offer customized services to RC and private clients. Ms. Lindsay's entire career has been to educate the young people of Santa Barbara with developmental disabilities to lead full and rewarding lives of their own choosing.

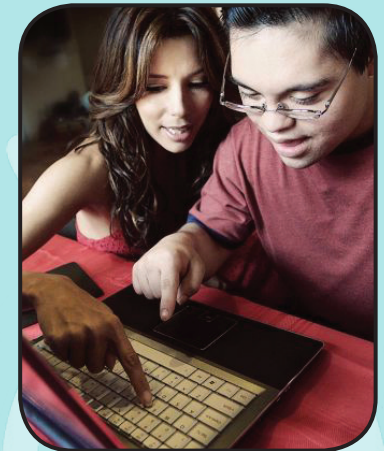
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**Independent Living
is the Freedom to Direct
One's Own Life!**

“Learn by Doing”



*We offer
several
programs
designed to
empower the
individual:*

• **Independent Living Services:**

An individually designed program wherein a person's served are taught a variety of skills as well as provided the supports necessary to maintain a self-sustaining, independent living situation in the community.

• **Supported Living Services:**

Designed to meet needs of individuals who may require more than 30 hours of support per month (up to 24/7 support) to stay healthy and safe. Instruction and personal supports are built around the individual's needs and preferences.

• **Individualized Day Programs:**

Is an option for those individuals for whom a traditional day program is not practical. Determining the needs and wants of the client, a program is developed that will provide an opportunity for personal growth and community integration.

**Individually Designed Programs
Enhancing Independent Living**

EVERY individual has the right to maximize their personal potential and fully integrate into the community. **The Independent Living Institute, LLC. (ILI, LLC.)** motivates individuals to develop self-determined goals towards greater independence and self-fulfillment.

WE serve adults with developmental disabilities expressing or demonstrating an interest in living independently and learning the skills necessary to be self-sustaining, safe and a contributing member of the community.

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*Programs are designed
to encourage personal
independence and basic
academic achievement.*

*Skills instruction
can include:*

- Money Management
- Apartment Hunting
- Community Resources
- Self-Advocacy
- Individual's Rights
- Counting Money/Making Change
- Shopping
- Nutrition/Cooking
- Social Behavior
- Personal Hygiene and Grooming
- Home Care and Safety
- Transportation
- Travel Training
- Securing a Place to Live
- Pedestrian Safety
- Clothing Care
- Personal Identification
- Use of Telephone
- Use of Public Services